LAW MATTERS

August 2017 Volume XXIX No. 4

INSIDE THIS ISSUE:

President's Message	2
Upcoming Programs	3
July Membership Meeting Recap	5
Community Relations Spotlight: The Impact of Volunteering	8
The Travel Agenda: 10 Reasons You Should Take a Vacation	9
Nonprofit Spotlight: Small World Yoga	11
New Member Spotlight	12
LAW Committee Corner	13
KUDOS/Members on the Move	16
Sustaining Members	17

Field Trip to Casa Azafrán Wednesday, August 16, 2017 **Membership Meeting and** One Hour General Credit CLE* The Faces of Immigration

Speakers: Linda Rose of Rose Immigration Law Firm and executives from non-profit organizations affiliated with Casa Azafrán

*Pending accreditation

11:15 a.m. Registration 11:45 a.m. Announcements 12:00 Noon CLE Begins

> **B.B. King's Jazz Club** 152 2nd Avenue North

Members: Lunch \$25/CLE \$15 Nonmembers: Lunch \$30/CLE \$25

*Reservations must be made by Wednesday, August 9, 2017, at Noon.

Register Online at www.law-nashville.org/events

LAW CALENDAR OF EVENTS

August 16, 2017 11:15 am - 1:00 pm (Note: Wedne Field Trip to Casa Azafran Membership Luncheon and One Hour General Credit CLE 11:15 am - 1:00 pm (Note: Wednesday)

August 23, 2017 6:15 pm - 8 Health & Wellness/Networking Yoga 6:15 pm - 8:00 pm

September 12, 2017 11:30 am - 12:30 pm Board Meeting

September 19, 2017 11:15 am - 1:00 pm Membership Luncheon and One Hour General Credit CLE

September 23, 2017 **Hands On Nashville**

October 4, 2017 6:00 pm - 8:00 pm **Mentoring Circles**

October 10, 2017 11:30 am - 12:30 pm **Board Meeting**

October 18, 2017 11:00 am - 6:00 pm Marion Griffin Women's Symposium Student Life Center, Vanderbilt University

November 7, 2017 7:15 am - 9:00 am Annual New Admittees' Breakfast

11:00 am - 11:15 am November 14, 2017 **Board Meeting**

November 14, 2017 11:15 am - 1:00 pm Membership Luncheon and One Hour General Credit CLE

11:30 am - 12:30 pm December 12, 2017 **Board Meeting**

December 13, 2017 Member Appreciation CLE 2:45 pm - 5:15 pm Holiday Mixer 5:30 pm - 7:30 pm

Click Here for detailed information and registration



Seeking attorneys who were New Admittees From 1977 – 1987

Did you, or do you know an attorney who was a New Admittee from 1977—1987 and attended the New Admittees' Breakfast during those years?

The 40th anniversary of the New Admittees' Breakfast is this fall, and LAW would like to honor those persons at the Breakfast on November 7th. Please contact the LAW office at info@law-nashville.org.

PRESIDENT'S MESSAGE

by Elizabeth Sitgreaves



In my first President's message, I talked about my proposal to change LAW's Mentoring Committee to a committee focused more on our member's development. I am happy to report that the LAW Board approved that change and the newly retitled Mentoring/Member Development Committee was formed. The new description of this committee is:

> The Mentoring/Member Development Committee is responsible for providing opportunities for LAW members to develop peer mentoring relationships, coordinate events and programs aimed at leadership development for LAW members both in their employment and in the community, and foster discussion of topics impacting women in the legal profession.

The idea behind this committee is to create opportunities for LAW members to create relationships with other members and to grow both professionally and personally. The recent survey results of LAW demonstrate these relationships are why many of you belong to LAW. When asked what factors affect your decision to be a member, 84.42% of you responded that relationships with other lawyers in a non-business capacity was a significant factor in your membership in LAW. Additionally, many of you commented that you hoped to make connections and build your community through this committee.

I was thrilled but not completely surprised by these responses. A 2011 LinkedIn survey of 1,000 professional women found that 82 percent of women agreed that having a mentor was important.² Both the LinkedIn survey results and LAW's own survey results demonstrate something to me that women recognize how important developing these relationships can be for our careers and personal goals.

Despite this overwhelming recognition of the importance of mentors, the LinkedIn survey went on to find that nearly 1 out of every 5 women had never had a mentor. Why? The survey found that 52% of women stated they had never found a person they considered to be appropriate to be a mentor. 67% of women stated they had never been a mentor because no one had ever asked. Based purely on my own musing, I think many of us may have women (and men) in our midst who would be great mentors, but with busy schedules and busy lives, it can be hard to develop and maintain these relationships.

One reason I am so honored to currently lead this organization is because LAW has provided me with many mentors. Women who have served as examples for me as to what I want my professional life to look like. Women who have answered my phone calls and met me for drinks to discuss major decisions or brainstorm a unique legal issue. Equally important are the women who are mentors, maybe not in the traditional sense of imparting wisdom from years of experience, but in the commiseration sense. These mentors for me are the women who are going through similar experiences and can provide that much needed pep talk or simply listen. My hope is that LAW's Mentoring/Member Development Committee will begin to develop those relationships for our members and create a larger community for us where we can have real conversations about important issues.

The past few months, the Mentoring/Member Development Chairs Jenny Moreno and Chambre Malone have been busy putting together a plan for this newly revamped committee's first year. The Mentoring/Member Development Committee recently held its first committee meeting and, on October 4, the LAW Mentoring Circles program will kick-off. These Mentoring Circles will be modeled on the Lean In Circles. Jenny, Chambre, and the committee are working hard to make this Kick-off and this Committee successful. We hope to continue these Circles

2017-2018 LAW BOARD OF DIRECTORS

Elizabeth Sitgreaves, President Ashonti T. Davis, President-Elect Christen Blackburn, Secretary Mandy Floyd, Treasurer Lynne T. Ingram, 2nd Year Director Susan Neal Williams, 2nd Year Director Kimberly Faye, 1st Year Director Camille Steward, 1st Year Director Marnie Huff, Archivist Leighann Ness, Archivist Tracy Alcock, Newsletter Editor LaTonnsya Burney, Newsletter Editor Kyonzte Hughes-Toombs, Newsletter Editor Jennifer Lankford, Newsletter Editor

Nikki Smith-Bartley, Immediate Past President

Committee Co-Chairs Breakfast Committee Erin Palmer Polly/Sara Anne Quinn

<u>Breakfast/Banquet & Sponsorship Committee</u> Callie Hinson Community Service Kristen Cass/Samantha Simpson <u>Diversity</u> Maria Campbell/Corletra Mance <u>Domestic Violence</u> Shaina Thompson/DarKenya Waller Health & Wellness Paige Ayres Nutini/ Grace Stranch Judicial Appointments & Elections Shellie Handelsman/Emily Warth Law School Outreach Nina Kumar/Joyce Safley Legislation & Litigation Raquel Bellamy/Brenda Gadd Brooke Coplon/Lynn Lawyer

<u>Mentoring/Member Development</u>

Chambre Malone/Jenny Moreno Networking
Hannah Lanford Bernard/Courtney Orr
Practicing Parents Kathryn Barnett/Anne Martin <u>Programs</u> Laura Baker/Rebekah Baker/ Kimberly Veirs/Gulam Zade

<u>Publicity/Social Media/Technology</u>

Caroline Hudson

<u>2017 Marion Griffin Women's Symposium</u> Meera Ballal/Laura Smith

Executive Director

Melanie Gober Grand

LAW Matters is a monthly publication of the Lawyers' Association for Women, Marion Griffin Chapter, P. O. Box 210436, Nashville, Tennessee, 37221-0436. Voicemail: 615.708.1827; Fax: 888.834.7370; www.law-nashville.org.

To submit articles for the September issue, contact, Jennifer Lankford at jennifer@thompsonburton.com

and use these Circle events to tackle topics that our members want to discuss such as leadership, community involvement, and advancing in one's career. The key to making this a success, however, is participation by our members, and by diversity in the individuals participating in a variety of ways including years of experience, practice area, career goals, and much more.

I hope you as our members will participate in these Circles and the growth of the new Mentoring/Member Development Committee. For more information on how to get involved, contact Jenny Moreno at jenny.moreno@nashville.gov or Chambre Malone at malonechambre@bfusa.com.

Upcoming Monthly Membership Meetings

Field Trip to Casa Azafran August 16, 2017—One Hour General Credit CLE * Recent changes affecting Nashville's immigrant community and pro bono opportunities

Join LAW members in taking a little drive south on Nolensville Road to Casa Azafran on **WEDNESDAY** (yes, Wednesday) August 16th for some latino and southern cuisine prepared by <u>Karla Ruiz</u> of Karla's Catering and Prepared Foods!

Reservations **must** be received by **Noon August 9th**. We are ordering box lunches so we need an exact number of reservations. If you need a gluten free or vegetarian meal, email <u>info@law-nashville.org</u> after you make your online reservation.



Linda Rose

Program - The Faces of Immigration*

Faces of Immigration looks at real-life examples of immigration and explains how they got here, what they left behind, how immigration law applied to them, and how they have contributed the United States. LAW Member Linda Rose of Rose Immigration Law Firm and executives from non-profit organizations affiliated with Casa Azafrán will present the program and will also discuss pro bono opportunities and how you can help.

Parking is located in the front and behind the building. Consider carpooling or ridesharing!

Watch for more information on the September program! We will be back at BB King's on September 19, 2017

Just Enough to Be Dangerous: Practical Legal Tips for Your Family and Friends

We've all had family and friends ask us questions about unfamiliar areas of the law with the expectation that we know the answers just because we're lawyers. This program is designed to provide helpful tips in four areas of the law that people are most likely to encounter: family law, estate planning, criminal law, and personal injury. Join us to learn "just enough to be dangerous" so you can answer frequently asked questions for your loved ones!

¹I am pleased to say we had a phenomenal response to our survey with 163 participants and 154 responses to this particular question.

²Results available at https://blog.linkedin.com/2011/10/25/mentoring-women.

Marion Griffin Women's Symposium

October 18, 2017*

Vanderbilt University Student Life Center

11:00 am-6:00 pm

Keynote Speaker: Former Ambassador Melanne Verveer



Melanne Verveer is the Executive Director of the Georgetown Institute for Women, Peace and Security at Georgetown University. The Georgetown Institute for Women, Peace and Security seeks to examines and highlight the roles and experiences of women in peace and security through research, global convenings, and strategic partnerships.

Melanne Verveer served as Ambassador-at-Large for Global Women's Issues from 2009-2013 following her appointment by President Barack Obama. As Ambassador, she coordinated foreign policy issues and activities relating to the political, economic, and social advancement of women.

Previously, from 2000-2008, Ambassador Verveer served as Chair and Co-CEO of Vital Voices Global Partnership, an international nonprofit she co-founded. Vital Voices invests in emerging women leaders and works to expand women's roles in generating economic opportunity, promoting political participation, and safeguarding human rights. Prior to her work with Vital Voices, Ambassador Verveer served as Assistant to the President and Chief of Staff to the First Lady in the Clinton Administration and was chief assistant to then-First Lady Hillary Clinton.

Ambassador Verveer has a B.S. and M.S. from Georgetown University and holds several honorary degrees. She is a member of the Council on Foreign Relations, the Trilateral Commission, and the World Bank Advisory Council on Gender and Development.

She is also the co-author with Kim Azzarelli of the book Fast Forward: How Women Can Achieve Power and Purpose. Her book was selected by the Health & Wellness Book Club as its September reading selection.

Stay tuned for more information regarding CLE breakout sessions and concluding reception.

*There will be no regularly scheduled monthly meeting in October due to the Marion Griffin Women's Symposium.

November 7, 2017 New Admittees' Breakfast—40th Anniversary Celebration!



Keynote Speaker: Penny J. White, Former Tennessee Supreme Court Justice and E.E. Overton Distinguished Professor of Law, Director of the Center for Advocacy and Dispute Resolution, and Interim Director of Clinical Programs at the University of Tennessee College of Law

July Program Recap: What's Going On In Nashville?

by Tracy Alcock

LAW members heard from Metro Nashville Council Members, Bob Mendes and Erica Gilmore, and Interim Director of the Nashville Area Metropolitan Planning Organization, Michelle Lacewell, during the July program where we learned "What's Going on in Nashville?" The distinguished panel of community leaders addressed the enactment of recent ordinances, laws, and legislative initiatives that address transportation, housing, and other important issues impacting Nashville.

The program started with an in-depth discussion of the future of transportation in Nashville. The Nashville Area Metropolitan Planning Organization ("MPO") is a federally designated planning agency charged with facilitating strategic planning for the region's multi-modal transportation system and with directing public funds to transportation projects to improve transportation. MPO Interim Director Michelle Lacewell discussed the Tennessee Improve Act, the recently passed law which raises gas and diesel taxes by six cents and ten cents, respectively, over a three-year period, as well as fees including a \$5 increase on annual car registrations. Michelle identified that the funds generated from the increased gas tax, which is the first since 1989, will go towards the Tennessee Department of Transportation and to the communities for roadway and transit improvements. The Improve Act also allows local governments to impose surcharges on existing local option taxes, including the local option sales tax, business tax, motor vehicle tax, local rental car tax, tourist accommodation/hotel occupancy tax, and residential development tax, to fund the construction of transit projects within their jurisdictions through a voter referendum. Mayor Megan Barry stated in her second annual State of Metro Address that she intends to take the necessary steps to hold a Davidson County public referendum in 2018 on dedicated funding for transit. The region will have an opportunity to go to a referendum vote, not just Davidson County since this a statewide law. Michelle explained that prior to going to referendum, a transit improvement program should be developed so that the voters know how the city plans to use the funds. Michelle cleared up any misconceptions and clarified that a city's transit system does not directly bring in profit for a city. However, transit systems can spur economic growth in cities around corridors and can increase taxable property, thereby indirectly profiting the city. Michelle emphasized that public knowledge and engagement will be extremely important for the referendum vote in 2018.



From Left) Interim Director of the Nashville Area Metropolitan Planning Organization, Michelle Lacewell, Metro Nashville Council Members, Bob Mendes and Erica Gilmore

Following the lively transportation discussion, Metro Nashville Council Members Bob Mendes and Erica Gilmore discussed several current Metro issues. Bob and Erica first discussed the Eighth Avenue Proposal, which proposes to rework Eighth Avenue from downtown to Interstate 440 from the current four lanes to three lanes. The proposal proponents say that this modification will make Eighth Avenue more pedestrian friendly with expanded sidewalks and bike lanes. Bob mentioned that Eighth Avenue is much bigger than the nearby Twelfth Avenue, so there is more prospect. However, opponents of the proposal argue that a large population of commuters drive downtown on Eighth Avenue instead of taking the overly-crowded Interstate 65, and such a modification would increase traffic on Eighth Avenue. No decision has been made on the proposal at this time.

Next, Bob spoke about Nashville's possible future professional soccer team. Nashville will learn in December 2017 whether or not it has been awarded with a professional soccer team, at which time if Nashville is awarded a team, it has to commit to building a professional soccer stadium.

Erica concluded the discussion by addressing Nashville's historic Fort Negley. Fort Negley is located on the hilltop near Adventure Science Center. The Fort was part of the Union defense in the Civil War, and slave burials have been discovered on the land. There are many outstanding questions, including whether a private developer can develop the public property to create additional affordable housing, and what should Metro Nashville do regarding the historic slave burials – whether Nashville should remove the remains from the land or keep them as part of the public property.

Following the insight provided during the program, several LAW members asked questions concerning the status of the cost of living in Nashville (it keeps rising), the Gulch Pedestrian Bridge (this is still happening), and the issue of two houses being built on one former house's single plot of land (the Metro government cannot change property rights but the community can ask for an overlay).

The July program truly provided a great overview of what's going on in Nashville. LAW members left the program informed and ready to start conversations about these current local issues.



Tracy Alcock is a 2017-2018 Newsletter Editor. She is an Assistant General Counsel for the Tennessee Department of Health, Office of General Counsel.









LAW's Community Relations Committee Spotlight:

The Impact of Volunteering

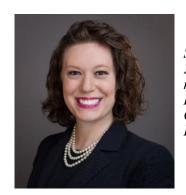
by Samantha Simpson

Why do you volunteer? Is it to benefit your community? Or maybe you have gained a new skill or met a new connection through volunteering? A 2013 study from Carnegie Mellon University found that volunteering correlated with lower blood pressure. Habitat for Humanity states that benefits of volunteering can include getting a new or better job, living longer, learning about new things, exploring new locations, and making memories. An article in the Albuquerque Journal by the New Mexico Department of Workforce Solutions noted that volunteering is "a great way to avoid gaps in your résumé[]" and that volunteering "shows a prospective employer that you are dedicated to your community and seek different opportunities even when you might not be working." When we volunteer our time and skills for others, we not only improve our mental health but we also invest in the betterment of our communities.

As attorneys, we have many opportunities to give back by doing volunteer legal work or non-legal work. The Tennessee Supreme Court's Access to Justice Commission's 2015 Pro Bono Report revealed that Tennessee attorneys are collectively "donating more than 500,000 hours of their time annually worth more than \$100 million." With just a few hours of volunteering a month, we can make an incredible investment in our community!

The LAW Community Relations Committee would like to challenge each member to participate in a Community Relations event this year. Your time and effort will be well-spent, whether you choose to participate in a legal clinic featured in an upcoming newsletter or you donate a book to our ongoing Book'Em drive. Additionally, mark your calendars for the **Hands On Nashville Day, September 23, 2017**, where LAW will be organizing a team to help a Metro Nashville Public School. Happy volunteering!!

²https://www.habitat.org/stories/benefits-of-volunteering



Samantha Simpson is a 2017-2018 Community Relations Committee Co-Chair and is a Judicial Law Clerk for Tennessee Court of Criminal Appeals Judge Robert L. Holloway, Jr.



http://www.health.harvard.edu/blog/volunteering-may-be-good-for-body-and-mind-201306266428



10 Reasons You Should Take a Vacation

by The Honorable Judge Marietta Shipley and Dr. David McMillan

Here are ten reasons why you should take a vacation. And by vacation, I don't mean a three-day weekend, although such days are precious. They do not take the place of at least a two to three week period of time, and maybe even more.

- 1) You will have a change of scenery that will clear your mind and make you come back refreshed to take on the heavy responsibility of being an attorney. A one-week time period is broken up into three sections: three days to get used to relaxing, three days relaxing, and two days readying yourself for reentry.
- 2) You may get to know your children, spouse, partner or significant other again. Who are these people who you never spend breakfast or lunch with and rarely dinner? Your children are not scurrying off to ball practice, the neighbor's house, or texting endlessly on their phone. They too will be freed from their everyday rat race. [See the article "The Art at the End of the World," in the New York Times Magazine, Sunday, July 9, 2017, about a family that went to Smithson Spiral Jetty in the Great Salt Lake, near the Golden Spike in northern Utah. The picture looks like the end of the world without snack bars or internet. The mother finally got her "crows" out of their iPhones and opened their eyes to what the world could become. It made everyday stresses and fears pale in comparison. Even an eight & ten year old could understand the thought of "No People."]
- 3) You will have reviewed ALL of your files to make sure that no one feels neglected. You do not want to leave an open file with no instruction as to what to do in case of an eminent emergency.
- 4) You may learn a new skill, like paddle boarding or sailing or skiing or reading a book for pleasure, that at other times, you would have to hide from anyone else you wanted to impress with your bedside reading.
- 5) Your dog will love you more if you take him/her along in the car, if it is a car trip or small enough to fit under the air-line seat.
- 6) If you have no significant other, it is a good opportunity to enrich a friendship. Nothing is more telling about a person than traveling with them. Either you have a lifelong friendship or you never travel with them again.
- 7) You can practice your language skills or sign language skills if you travel to a foreign country (except for England, of course!)
- 8) If it is summer and a cooler climate, you can walk out in the morning and just breathe in the wonderful new air, rather than lumbering to your car, sweating in and out of your car and cursing on your long commute to the office.
- 9) You realize why you work so hard at the office, because now you can see the balance of work, travel, pay for travel.
- 10) You will realize you are not so important and indispensable, which is a humbling experience. We become addicted to our role and our importance to our clients. Time in a strange place, where we are marginal at best, breaks our addiction. Do remember if that life-changing deal absolutely requires your presence, then that is what airplanes are for as well as major mea culpa gifts upon return to the vacation.

When Margaret Behm and I first opened our practice in 1980, I had come from a marriage where if there was any vacation, it was to a professional conference and five days at the Grand Hotel in Georgia. Margaret was no different. We vowed, even at the poverty level law firm, things would change. I started skiing for a week each year, did little over the Christmas week and always took a two-week vacation somewhere, usually with a girlfriend. It was not easy. There were no email or cell phones then. Margaret and her husband, Harlan Dodson, would travel by car to the Grand Tetons and hike in that area. Once a week, she would call from a pay phone. I lived for that 20 minutes, since I had so many questions. Basically, the

answer was "Figure it out!" Once I had to file a Title Nine Disability Discrimination suit against TVA, shortly after the law changed, with a three-day statute running. But we all survived.

When I was seriously dating my present husband, I had several criteria. He had to agree to take several vacations per year and learn to ski. Fortunately he passed with a trip to Nantucket and Boston for three weeks and then a trip to the Keys.

As I am writing this, I am on a six-week jaunt to Park City, Utah, with a week back to Nashville in between. Then we have a month in Oxford, England. David and I still have clients, while away. We check on our email, and make a few calls. As a law-yer or psychologist, you are often unavailable to clients. Consider a long trial of a week or two plus all the preparation. Other clients just have to cool it. Actually clients admire you for taking vacations, so long as you are there for them, when necessary. Even the gruffest judge will give you a continuance for your vacation. Often while you are gone, your clients are too.

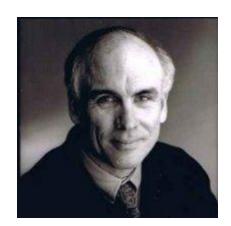
The utterly important key is: PUT THE VACATION ON YOUR CALENDAR. DO NOT WAIVER. Just make sure as many things about your cases are tied up, so your partner doesn't call in the middle of your paddle board lesson in a panic. Offer to be the back-up for your partner, associate, or friend (if a solo practitioner) so they will be encouraged to take a vacation too.

JUST DO IT!!! Bon Voyage!

¹https://www.nytimes.com/2017/07/07/magazine/the-art-at-the-end-of-the-world.html



The Honorable Judge Marietta Shipley is a former president and founding member of LAW and a retired Davidson County Second Circuit Court Judge. She is the founder of The Mediation Group of Tennessee, LLC, a statewide network of mediators and arbitrators, and is a founder and past president of the Tennessee Association of Professional Mediators. Prior to her judgeship, she worked in private practice with Shipley & Behm for ten years, and worked at the Davidson County District Attorney General's Office, where she founded the Child Support Division with Tom Thurman, Deputy District Attorney.



David McMillan, Ph.D., is a practicing psychologist in Nashville, Tennessee with over forty years of experience. In his capacity as a licensed psychologist he helped found the Nashville Family Therapy Consortium and the Nashville Psychotherapy Institute. Dr. McMillan has also published several books and written several articles and therapy manuals.

Judge Shipley and Dr. McMillan have been married for over twenty-seven years.



Judge Shipley and Dr. McMillan exploring a slot canyon in Utah.



Nonprofit Spotlight:

Small World Yoga

by Alex Fisher

Small World Yoga is a Nashville-based 501(c)(3) nonprofit organization that connects yoga instructors and volunteers with those in the community who have limited access to yoga. Small World Yoga makes yoga accessible to more people so they can share in its mental, physical, and emotional benefits. The mission of Small World Yoga is to inspire growth, connection, and possibility by increasing access to yoga. Small World Yoga currently has a team of over 30 volunteer yoga instructors at 20+ sites in Nashville and the surrounding community. These locations vary from after-school youth programs to recovery groups for men and women to correctional facilities. Small World Yoga also offers approximately ten free yoga classes each week around the community.

To access the Small World Yoga class calendar, or to learn more about Small World Yoga and donate to it, you can access the Small World Yoga website at www.smallworldyoga.org.

In 2014, when Liz Veyhl, the founder of Small World Yoga, was searching for board members, I had the good fortune of being on her short list. It's been incredibly gratifying to see Small World Yoga grow its influence in the lives of teachers and students in the Middle Tennessee area over the past three years, and I'm honored to be a part of the board of Small World Yoga today.

I first began practicing yoga at the YMCA when I was interning for the Tennessee General Assembly as a college student in 2008. I practiced yoga on and off from 2009 to 2012 at my local community center or with workout videos. When Shakti Power Yoga opened its doors in Nashville in the fall of 2012, I realized that yoga wasn't just an "off day" exercise, but a full body workout with numerous mental and emotional benefits. I began attending yoga regularly at Shakti, and I completed my 200 hour yoga teacher training on the weekends in the spring of 2015. In addition to my full-time law practice at Frost Brown Todd, I currently teach yoga at Shakti Power Yoga on Music Row, and occasionally lead yoga classes through Small World Yoga.



Alex is a senior associate at Frost Brown Todd, LLC where her practice focuses on representing individual health care providers before the health care related boards, including the Tennessee Board of Medical Examiners and the Tennessee Board of Nursing. Alex is also a certified yoga instructor and a founding board member at Small World Yoga.



New Member Spotlight Jennifer Rowlett

Where did you grow up? Tell us about your path to practicing law: I'm a Nashville native. I also happen to be married to a Nashville native, which, I was recently told, makes us unicorns in this city! Law school was on the radar for me as early as middle school, as both my grandfather and uncle were attorneys. I attended a liberal arts college (Centre College in Kentucky), and law school seemed like the logical next step following graduation. I attended the University of Tennessee College of Law and had a great experience there.

Tell us about your family. Jason and I have been married for 13 years, and we have a 4.5 year -old daughter named Autumn. We live in Franklin and love it there.

What do you do professionally and what is your favorite part of your job? I joined Adams and Reese last year as Special Counsel. I am part of the litigation team at the firm. My favorite part of my job is working on the defense of healthcare liability cases because the cases always have an interesting story and involve putting together the puzzle pieces of both the medicine

and the law, which I really enjoy.

If you weren't a lawyer, what would you be and why? I love to plan trips and parties with friends, and so perhaps I would be a travel or event planner.

What is your favorite thing about being a LAW member? Earning CLE credit while getting out of the office with other women and listening to interesting speakers.

What do you like to do in your spare time (if you have any)? Work out, try new restaurants, see live music.

What books are you reading right now and what is the last book you read? I recently read The Glass Castle, a memoir by Jeannette Walls. I highly recommend it! The movie version is supposed to be out in theaters soon.

What is your favorite quote, piece of advice, or a motto you try to live by? Done is better than perfect.

Any "fun facts" about you that other LAW members don't know? I love to bake!

What woman most inspires you and why? I'm a big fan of Savannah Guthrie. She is a smart, talented journalist and also seems to be a kind and grounded person.

It's a Saturday in Nashville, what are you doing? Enjoying Ellie's Doughnuts with my family at the Franklin Farmers Market.

Marion S. Griffin Scholarship Update

In June 2001, LAW established the Marion S. Griffin Scholarship at the University of Tennessee College of Law to commemorate Tennessee's pioneering women lawyers.

The 2016-2017 Recipients are: Leah Fitzgerald and Hollie Russell

Leah is from Maryville, Tennessee. She chose UT College of Law because she is dedicated to the East Tennessee area and plans to put down her roots there. She plans to work to help women and children affected by domestic abuse, child abuse and human trafficking. While she is unsure about the specific job title, she knows she wants to help that particular demographic to the best of her abilities.

Hollie chose UT College of Law because its rankings, location, clinical experience and cost. Although she is still exploring her interests, she is interested in the areas of Transactional or Family Law.

Anyone interested in making a tax deductible donation to the scholarship fund may make checks payable to The University of Tennessee College of Law, with a notation that it is to be donated to the Marion S. Griffin Scholarship. Donations should be mailed to: Office of Development and Alumni Affairs, 1505 W. Cumberland Avenue, Suite 269, Knoxville, TN 37996-1810.

LAW COMMITTEE CORNER

July Wine, Cheese, and Chocolate Networking Event at Tempered Café & Chocolate in Germantown

by Tracy Alcock

LAW members enjoyed a decadent array of wine, cheese, and chocolate tasting at the July LAW networking event held at Tempered Café & Chocolate in the heart of the historic Germantown neighborhood in Nashville. Tempered Café & Chocolate describes itself as "Pure European Inspired Indulgence," and that I can attest is accurate. Tempered Café & Chocolate is a sweet and savory destination specializing in small batch artisan chocolates and truffles, light café fare, and fine wine and cheese pairings.

Long before the LAW Networking Event at Tempered Café & Chocolate, I have frequented the spot for coffee, chocolate, or lunch – or a combination of the three, on several occasions. I have always felt like it is my own secret European hangout spot. When one steps inside Tempered Café & Chocolate and takes in the smells of handmade chocolate truffles, fine wine and cheeses, baguettes and croissants, and decadent coffee, you feel transported to a café in Paris. The specialty cappuccinos, espressos, and macchiatos truly taste like the coffee you drink in Europe – a nice change from the large Starbucks coffees you can purchase in the drive-thru at every street corner throughout the United States (and don't get me wrong, I love Starbucks)! The chocolates are to-die-for delicious. My personal favorite is the lemon lavender truffle. I also cannot help myself from buying several dark chocolate and white chocolate covered pretzel sticks and Joe-Joes (similar to Oreos). If you are looking to eat a meal – and not just rely on chocolate and coffee like me – the breakfast and lunch options at Tempered Café & Chocolate are wonderful. My favorite sandwich is the Milano: a croissant served warm with prosciutto, apple, gruyere cheese, and blueberry jam. This decadent sandwich, alongside a cappuccino served with a small side of chocolate, takes me right back to the café tables in Europe and gives me an extra pep in my step for the day.

Meanwhile, enjoying Tempered Café & Chocolate for the early evening with LAW's networking event was just as wonderful as I imagined. During LAW's visit, we enjoyed flights of wine and chocolate truffles along with several "slates," of meats, cheeses, jams, and baguettes. We had a full crowd at the event, with endless conversations lasting long past the café's closing time! Everyone agreed that the wine was perfect, the chocolate was amazing, the appetizers hit the spot, and the conversations were a great way to end a work day.

In case you are wondering what "tempered," means, the cafe's website http://www.temperednashville.com/ states that "tempering chocolate is the process of heating and cooling the chocolate in order to stabilize the molecules. This puts the chocolate in the ideal state for the ultimate enjoyment. In our opinion, tempered chocolate is perfect chocolate!" I think everyone at the July LAW networking event agrees!

We hope to see you at the next LAW networking event!











Upcoming Events August 23rd Networking Event

The Health & Wellness and Networking Committees have planned a healthy networking event in conjunction with <u>Small World Yoga</u>. LAW member Alex Fisher (board member and teacher at SWY) will teach the class. The class will be from 6:15 pm - 7:15 pm. Stay and enjoy post yoga snacks and networking from 7:15 - 8:00.

Bring a yoga mat. If you do not have one, Small World Yoga will have a few to use.

Free parking will be offered. Directions are on the voucher that you can print from the attached file. <u>ParkingPass.YOGA.2017.pdf</u>. Please place it in the dashboard of your car before you enter the building.

Namaste



September Community Relations Event September 23, 2017

Save the Date and Watch for Upcoming Details on How to Join the LAW Team!



. . . to LAW members who recently graduated from the 2016-2017 Nashville Bar Foundation Leadership Forum Class:

LaTonnsya Burney

Mandy Floyd

Amanda Nichols

Sara Anne Quinn

. . . to Public Defender Dawn Deaner on receiving the Nashville Bar Association's Jack Norman, Sr. Award. Dawn is the first woman to receive the award.

. . . to Julian Bibb, who recently received the 2017 Elizabeth Collins Award for Distinguished Service by the Tennessee Lawyers' Assistance Program (TLAP) and the 2017 Civic Leadership Award from the Education Foundation for Williamson County. Julian recently announced his retirement as of January 1, 2018. LAW wishes him well, and thanks him for his support of LAW.

... to Kristi Arth on submitting the winning entry in the Tennessee Bar Association's First Annual Fiction Competition. Here is a link to "The Sentence."



Members on the Move

Miranda Christy has joined the law firm of Dodson Parker Behm & Capparella, PC.

Alex Fisher has joined Frost Brown Todd, LLC as a senior associate in the firm's Regulated Business Practice Group and serves on the firm's Health Care Service Team.

Thank you to our Sustaining Members who support the programs,

mission and purposes of LAW above and beyond the Sliding Income Scale categories.

Anne Arney Kristi W. Arth Katherine Austin Laura Baker Rebekah Baker

Sarah Baker-Daugherty

Andrea Barach
Erika Barnes
Cindy Barnett
Kathryn Barnett
Margaret Behm
Julian Bibb
Julian Bibb, Jr.

Judge Melissa Blackburn Judge Cheryl Blackburn Christen Blackburn

Chancellor Claudia Bonnyman

Jan Bossing
Martha Boyd
Kitty Boyte
Dewey Branstetter
Hunter Branstetter
Lori Brewer
Josh Burgener
Karla Campbell
Tracey Carter
Kristen Cass

Justice Connie Clark
Nancy Crawford
Chase Cunningham
Carrie Daughtrey
Judge Martha Daughtrey

suage marina bauginey

Ashonti Davis Dawn Deaner

Rebecca Wells Demaree
Jennifer Dusenberry

Kathryn Edge Sherie Edwards Jessica Ehsanian Jason Epstein Amy Everhart Ember Eyster Amy Farrar Kimberly Faye Mandy Floyd

Shana Fonnesbeck Ellen Forrester Victoria Gentry Jessica Gichner Elizabeth Gonser Dana Haas Amy Hampton Sarah Hannah Laura Heiman

Leesa Hinson Lela Hollabaugh Lynne Ingram Lauren Jacques

Jessica Jernigan-Johnson

Judy Johnson
Michele Johnson
Judge Lynda Jones
Brendi Kaplan
Anne Marie Kempf

April Knox William Koch, Jr. Nina Kumar

Edward Lanquist, Jr.
Haverly MacArthur
Alexandra MacKay
Nancy MacLean
Chambre Malone
Anne Martin
Peggy Mathes
Carol McCoy
Lori Metrock
Paige Miller
Amy Mohan

Brianna Montminy Cynthia Moon Jesse Morris Marlene Moses Patricia Moskal Barbara Moss Margret R.T. Myers

Karen Neal Leighann Ness Amanda Nichols

William O'Bryan, Jr.
Ashley Odubeko
Tony Orlandi
Andrea Perry
Erin Polly

Sara Anne Quinn Jimmie Lynn Ramsaur

Sally Ramsey
Candice Reed
Donna Roberts
Lauren Roberts
Jennifer Robinson

Rachel Rosenblatt
Abby Rubenfeld
JenniferRusie
Joyce Safley
Maria Salas
Julie Sandine
Cynthia Sherwood
Dianna Shew
Marietta Shipley
Beth Sims

Beth Sims Liz Sitgreaves Melissa Smith Lucinda Smith Laura Smith

Yanika Smith-Bartley

Abby Sparks
Jillian Sparks
Joycelyn Stevenson
Camille Steward
Mariam Stockton
Judge Jane Stranch
Megan Sutton
Sarah Tally
Nesrin Tift
Scott Tift

Elizabeth Tipping Annie Tipps Martha Trammell Judge Aleta Trauger Byron Trauger Robert Tuke

Vanessa Vargas-Land

Erica Vick
Emily Warth
Elizabeth Washko
Susan Neal Williams
Luther Wright, Jr.
Amanda Young
Gulam Zade
Rachel Zamata